

Nature Treasure Hunt

Explore the trails or your local neighbourhood to search for nature treasures around you. Remember to look high and low to see how many you can find and check off the list.

To look for...

- | | |
|-------------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Pinecone | <input type="checkbox"/> Bird nests |
| <input type="checkbox"/> Three types of birds | <input type="checkbox"/> Buds on trees |
| <input type="checkbox"/> Rocks with different colours | <input type="checkbox"/> Two types of trees |
| <input type="checkbox"/> Cloud shapes | <input type="checkbox"/> Snail |
| <input type="checkbox"/> Rabbit | <input type="checkbox"/> Two types of leaves |

To listen for...

- | | |
|---------------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Bird calls | <input type="checkbox"/> Animal sounds |
| <input type="checkbox"/> The wind | <input type="checkbox"/> Splash of water |
| <input type="checkbox"/> Crunch beneath your feet | <input type="checkbox"/> Tractor or farm sounds |

To feel...

- | | |
|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Pinecone | <input type="checkbox"/> Tree bark |
| <input type="checkbox"/> Leaves | <input type="checkbox"/> Mud |
| <input type="checkbox"/> Long Grass | <input type="checkbox"/> Moss |

Top ideas whilst on your walk:

1. Collect sticks, leaves, mud and rocks to take home and build a bug house to go in your garden
2. Build a mouse house! Use sticks, leaves, mud, stones and moss (just be careful of the Gruffalo!)
3. Challenge your family to do an exercise using nature e.g. run up a hill

Urban Treasure Hunt

Explore your local neighbourhood to search for treasures around you. Remember to look high and low to see how many you can find and check off the list.

To look for...

- | | |
|---------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Yellow car | <input type="checkbox"/> Police Car |
| <input type="checkbox"/> Three types of birds | <input type="checkbox"/> Play park |
| <input type="checkbox"/> Triangle shape road sign | <input type="checkbox"/> Two types of trees |
| <input type="checkbox"/> Fire engine | <input type="checkbox"/> Bus |
| <input type="checkbox"/> Black and white dog | <input type="checkbox"/> Sports pitch |

To listen for...

- | | |
|-----------------------------------|-----------------------------------------|
| <input type="checkbox"/> Sirens | <input type="checkbox"/> Animal sounds |
| <input type="checkbox"/> The wind | <input type="checkbox"/> People talking |
| <input type="checkbox"/> Car horn | <input type="checkbox"/> Motorbike |

To feel...

- | | |
|-----------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Bricks on a building | <input type="checkbox"/> Stone on a building |
| <input type="checkbox"/> Leaves | <input type="checkbox"/> Bugs |
| <input type="checkbox"/> Grass | <input type="checkbox"/> You choose! |

Top ideas whilst on your walk:

1. Take a route where you will see a church and old buildings... You may see something that you never knew existed!
2. Play hopscotch on paving slabs
3. 30x exercise challenge... 10 star jumps, 10 bunny hops and 10 skips